

# Uphall Village News

*The Community Newsletter of Uphall Community Council*



www.ucc.org.uk

Issue 3 2012

Welcome to the third issue of Uphall Village News brought to you by Uphall Community Council. We have had positive feedback on the previous issues and hope you will find this issue interesting.

All Community Council meetings are open to the public and all residents are welcome to attend as observers.

Irene Bishop Chairperson

## *Uphall Community Council*

Uphall Community Council is comprised of members of the public who have an interest in their local community and aim to protect the interests of the residents of Uphall and promote sustainable development. This is a voluntary group who meet on the 3rd Wednesday of the month at p.m. in Uphall Community Centre.

Chairperson: Irene Bishop

Vice Chairperson: Jeanette Cumberford

Secretary: Vacancy

Treasurer and Press Officer: Fraser Graham

Planning Secretary: Gerald Paisey

Members: Irene Jones, David Flight, Simon Moore

Members of the Community Council have representatives on many groups within West Lothian and these representatives report back at Community Council meetings..

Speakers are invited to meetings on matters of interest to our community. This past year we have had speakers from First Bus to discuss changes made to the bus services. We have had representatives from Tesco, Vico Properties and Sainsbury's on their proposals for new stores in our area. The work of the Food Train (a shopping service for the elderly) was explained. Details of the service provided by the Pensioner Income Maximisation Service were given at another meeting. Planning applications are discussed to protect the interests of our residents. Any issues which are brought to the attention of the Community Council are discussed and followed up where possible by contacting the relevant authorities and reporting concerns.

These concerns can vary from litter and dog fouling to the pinch point on the road outside the bottom Scotmid. There have been many complaints about

this as many people have either reported having a "near miss" or feel that it could cause an accident. At present the Community Council are attending to this matter.

If you are interested in either attending Community Council meetings or becoming a Community Councilor please check the Community Council notice boards in the Post Office, community Centre, the Library or web site. We have a few vacancies at present.

## *Looking after our environment*

One issue which constantly comes up for discussion at Community Council meetings is the amount of litter and dog fouling which is evident in all areas around the village.

If we want to be able to enjoy our surroundings and make our village a safe place, especially for our children, then it is our responsibility to make sure that we all dispose of litter properly and if we own a dog then we pick up, bag and dispose of any dog fouling in the bins provided. The environmental wardens will issue on the spot fines for anyone caught throwing litter or allowing dogs to foul and not cleaning up.

## *Upgrade of King George V Park*

Last year the play area of the park was upgraded and new equipment was installed. The play area has been well used and it is good to see so many children of all ages making use of the equipment in the park. At present there are proposals to replace the changing rooms but discussions are still being held to sort out some issues with the plans. The existing changing rooms are definitely an eyesore. The look of park should improve when this is completed.

## *Christmas Switch On*

The Christmas Switch On was the penultimate event on a busy day. The Broxburn/Uphall Town Centre Management Group, Broxburn and Uphall Traders Association, local churches, schools, Uphall Community Council and Uphall Community Centre management committee worked in partnership to put on a variety of events. The Farmers market, Santa and teas in Broxburn Parish Church, a display of birds of prey and brass band recital were the morning events. A schools enterprise and craft fair was held in St Nicholas primary and featured their Fair trade café. This was followed by the Christmas lights switch on and carol singing at Uphall community centre.

The switch on was performed by Mrs. Spiteri, the longest serving teacher at Uphall Primary. Rowan Millar, Uphall Gala Queen, was in attendance and read a Christmas poem, unfortunately Broxburn's Gala Queen was unable to attend. Hot chocolate, juice, mulled wine and mince pies were served immediately afterwards. The day ended with the Torchlight procession, led by a horse drawn carriage with our guests, from Uphall Community centre to Broxburn Parish Church where a carol service was held and was followed by teas and mince pies.

The Christmas switch on nearly did not happen as the original Christmas tree was broken in the high winds. We are very grateful to the staff of Beecraigs who very promptly came to the rescue and erected another tree and to the council staff who had to replace the lights.



## *Fairtrade in Uphall*

This year Fairtrade Fortnight ran from 27th February until 11th March and the theme was "Take a Step in 2012." The Fairtrade Steering group were pleased with the support of the local community. Both the Open Door and the Community Centre had displays, there was a competition for Primary school pupils and Coffee mornings were held in both Churches. Scot mid offered a discount on Fairtrade items during this period. If you are interested in supporting Fairtrade, produce can be purchased locally from both Churches and local Scotmid stores.

## *Care and Friendship Group (Uphall South Parish Church)*

An invitation from the Care and Friendship Group of Uphall South Church is extended to everyone in the community to come along and join them for an hour of friendship and fellowship. Enjoy a cup of tea or coffee and home-baking, while having a good old chat or reminisce. This group is held in the hall of Uphall South Church on the 3rd Wednesday of the month from p.m. - p.m. - **ALL** welcome. Look for the posters around the village for times and dates.

## *Forrest Walk Care Home*

Forrest Walk Care Home was officially opened on the 1st September 2011 by Councillor Glass. This facility is run by Cornerstone and caters for four disabled adults. There is also respite accommodation for two people. A day care service catering for two people is available.

Round the clock care is provided by a team of 19 staff who also provide emergency night time cover for the residents of the independent living houses which are situated in front of the Care Home.



**23-25 West Main St., Uphall, EH52 5DN**  
**Tel.: -01506 857516**

## Middleton Hall Bowling Club

Are you looking for a new pastime? Have you thought about taking up bowls? If so then why not go along to Middleton Hall Bowling club. This is a well established club who have produced some useful players over the years, including district champions and Scottish internationalists. There are two fully qualified and vetted coaches who look after the junior members. John Collins holds training sessions on Wednesday afternoons and Saturday mornings. Training and equipment are available to you to try before you buy any equipment.

As well as the health benefits of taking up a new sport Middleton Hall is also a social club. Monthly club nights for club members, where they enjoy free entertainment and value for money drinks, are held in the Function Hall, which is also available for hire for private parties.

Full and social memberships are available now. Interested then phone **01506 856346** or call in to the club.



**Uphall Golf Club, Uphall, EH52 6JT  
01506 856404**

### **New Members Welcome.**

**Uphall Golf Club has vacancies for new members in all types of membership with no joining fee this year.**

**New Pay as you go membership which can start at any time of the year £41.25 Per Month**

**Young Person's membership  
from 22 yrs to 25yrs £330  
Student / Youth Membership £165  
Junior member £10  
Annual Membership £495  
Social membership £10**

**If you are interested please contact us on 01506 856404 when we will be delighted to help you choose the best membership deal for you.**

## Uphall Community Centre

Uphall Community Centre Management committee will host a Garden Party, for centre groups, in honour of the Queen's Diamond Jubilee this June. Plans are underway for this event.

The centre continues to be the hub of activities in the village. The Management committee welcome any suggestions to improve our programme to meet the needs of the community. If you are unsure about what is already on offer then why not pop in and either speak to Denise or pick up a programme.

## Raising Money For Charity

Euan Waugh, a pupil at P7 Uphall Primary School, had accompanied his Mum on a visit to River Kids Charity storeroom. He was shocked at the lack of toys for children in his age group so he decided to do something to help. He enlisted the help of Jamie, Nicola, Chloe and his classmates.

They collected toys both second hand and new to sell, had a soft toy tombola, guess the number of sweets in the bears name and birthday. Cakes were supplied by parents. Initially the stall was to run for a couple of days but proved so popular it was open over lunch-times and breaks for four days.

On the Friday the group were proud to present a cheque for £216.00 to River Kids co-coordinator Wendy Simpson.

The Community Council is delighted to acknowledge these young members of our community.



# Home Safety Advice from Lothian and Borders Fire and Rescue Service

## Chip Pans

1. Never fill more than a third full
2. Never cook with oil or fat if you have been drinking alcohol
3. Never threw water onto the fire

## Electrical Safety

1. Have electric blankets serviced when out of guarantee (normally 3 years)
2. Do not have more than 13 amp to each outlet
3. Turn off all appliances not needed especially at Night

## Smoking safety

1. Do not leave matches and lighters where children can get them
2. Never leave ashtrays on soft furnishings

## Naked Lights

1. Keep out of reach of children and pets
2. Always put on a heat resistant surface

## Fires/ heaters

1. Never put a heater near clothes or furniture
2. If you have an electric fire , don't run the cable under carpets or rugs.  
It can cause fire by fraying the cable

## Children & Fire

1. Teach your children the Fire and Rescue Service "Motto"  
If there is a fire: "GET OUT - GET THE FIRE SERVICE OUT-STAY OUT"

## Escape Plan/Night Time Routine

1. Get out and raise the alarm
2. Do not go back in until a Fire Officer says it is safe to do so

Call 0800 169 0320

*To arrange a free home safety visit*

**MIDDLETON HALL BOWLING CLUB**

"more than just a bowling club"

**LOUNGE BAR**  
Relax in our "quiet lounge" No TV, no music, no hassle. Just good drink, good crack and more often than not, good debate.

**GAMES ROOM**  
Enjoy a game with friends or just chill and watch some TV with your favourite tippie. Free WIFI coming soon.

Pool  
Darts  
Dominoes  
Board Games

**FUNCTION HALL**  
Bring your party to MHBC. We can accommodate most types of events in our 100 seat function hall. Club functions including live bands, discos and much more are also regularly held.

**BOWLING GREEN**  
Oh, and by the way, we've got a bowling green too! Lessons are available for kids from our fully qualified and vetted juniors coaches. We can even provide equipment for young and old to give it a go.  
You never know, you might just like it!

Middleton Hall Bowling Club, Stankards Road,  
Uphall. EH52 5DH.

Check out our [facebook](#) page for upcoming events

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**01506 86 22 11**

## *The BUSY Project*

The Busy Project works with young People in the local area, developing and improving opportunities, helping them acquire confidence, skills and resources to meet their own needs, promoting participation and giving volunteers the opportunity to portray their faith in action in the local community. Gordon Rouse and his team of volunteers is supported by Basic Trust, Trust grants and Church Fundraising and have recently managed to secure funding to keep them going for the next three years.

Some of the latest projects for the team have been - Transition work with pupils moving up from Primary to Secondary, school breakfast clubs, Chaplaincy, a new Listening service which aims to offer those with issues time and space them or just be there to listen. The most recent project was the Easter Buzz . This ran over the Easter weekend and was aimed at young people between the ages of 10 and 18. Some of the activities were a lazertag trip, joining Broxburn Parish Church for their Easter Funday and running a “live” TV studio from Uphall South Parish Church. More information can be obtained by visiting the web site - [www.thebusyproject.org.uk](http://www.thebusyproject.org.uk)

## **MACKENZIES**

### **SHOE REPAIRS & KEY CUTTING**



**9 WEST MAIN STREET,  
UPHALL  
01506 852912**

**Car keys-Household  
- Window- Industrial  
Mul-T-Lock**



**Watch Batteries & Straps**

**15% discount on shoe  
repairs with this voucher**

## **Oatridge Hotel & Grill Restaurant**

The Oatridge Hotel has been run by the MacGregor family and invites everyone into the bar and restaurant where a warm welcome awaits.

All food is supplied by local butcher J. Lawson  
\*\*\*\*\*

Mon-Fri 12-p.m. 5.30-p.m. Sat - Sun 12-p.m.

### **Early bird menu**

Two courses £10 , Three courses £12,50  
10% discount OAP

\*\*\*\*\*

### **A la carte menu**

Mon-Fri 12-p.m. 5.30-p.m. Sat - Sun 12-9.30 p.m.

\*\*\*\*\*

Mon - Thurs

15% of all steaks on a la carte menu.

Kids eat free with every meal ordered from the  
A la carte menu.

Beer garden open all year round.

**BOOK NOW 01506 856465**

## *Strathbrock Parish Church*

Here are some dates for your diary from Strathbrock Parish Church:

Souper lunch in aid of Christian Aid in the church hall from 12.30pm on Sunday 13 May.

Whitburn Singers Concert on 27 May at 7pm in Strathbrock St Nicholas Church. Entry is by donation to Christian Aid.

Strawberry Tea will be held at Binny Park on the 14 July from 2pm onwards.

Flower display - an evening of food, fun and fellowship on 2 September.

A Craft Fair will be held on Saturday 6 October in Strathbrock Church Hall

The annual Christmas Fair will be held on Saturday 24 November in Strathbrock Church Hall

For more information, please visit the Strathbrock Parish website at: [www.strathbrockparish.net](http://www.strathbrockparish.net)

## *Lothian and Borders Police -Community Broxburn United Sports Club Police and Safer Neighbourhood Team*

Uphall is served by a joint agency team of Police and West Lothian Council working in partnership in an effort to reduce Anti Social Behaviour and Crime in the local area. Community Constable Andy Kidd, along with the Safer Neighbourhood Team, comprising four uniformed officers, as well as a West Lothian Council officer, make it their mission to establish just what issues concern residents in the locality. They then set about attempting to resolve these issues by involving the residents and agencies best suited to achieve a positive result.

Your community policing team will;

- make sure you know who they are and how to contact them (at Broxburn Police Station on 01506 852121) or at [fdivcommunitybroxburn@lbp.pnn.police.uk](mailto:fdivcommunitybroxburn@lbp.pnn.police.uk)

- be visible and accessible in your area

They patrol the area in a highly visible manner, on recently acquired bicycles, some purchased with the kind assistance of Uphall Community Council, on foot and in marked Police vehicles.

- work on community priorities first and foremost

The team regularly canvass the community to establish priority issues in the locality.

arrange regular community meetings

Police Surgeries are held regularly, usually prior to or in conjunction with, Community Council meetings. In Uphall, at the Community Centre at 6:00pm on the Third Wednesday of the month

- work with you to identify local concerns

The officers constantly monitor and research local crime trends. They also listen and consult with local residents voicing various concerns.

- work with others to solve these problems

The team engage with and make use of partner agencies all with common purpose to resolving local problems

- regularly update you with progress made

The officers feedback where possible and employ follow up visits to provide reassurance and maintain contact.

Use of this type of approach has yielded impressive results over the past year limiting recorded crime in the Uphall area and increasing the solved rate where possible.

Broxburn United Sports Club was formed in 2008 as a charitable organisation aimed at bringing the young people of Broxburn and Uphall into a safe and social sporting structure through bringing together local clubs into one entity. In 2010 BUSC opened its new facilities to the community providing a fantastic new community building with changing rooms and community accommodation alongside a synthetic pitch and at last becoming a real home for over 600 members and other young people in the Broxburn area, which they can use seven days a week and call their own. BUSC aims to ensure that the young and older generation of Broxburn and wider communities have a place to come together and learn in a community owned setting.

BUSC is unique in the way it works in that it is not all about sport, it is about young people as the focus of its development and ensuring they get the best support in their often challenging environment in which they live. Through using sport as a tool to engage these young people the club has become a back bone for community development in the Broxburn area over the last 30 years and is recognised as the main provider for youth activity locally.



8 East Main Street, Uphall, EH52 5DA

**OPENING TIMES**

Lunch:  
Monday to Friday 11.30am to 1.30pm

Evening:  
Seven days a week from 4.15pm to midnight

**Telephone: 01506 855574**

**[www.aldosuphall.co.uk](http://www.aldosuphall.co.uk)**

All major credit cards accepted.

## *Broxburn Academy Successes*

Broxburn Academy pupils have been successful in national school's challenge this school year. Sarah Madden and Hope Smith received awards for their winning design in the EthCo Design Challenge. They won the Lower Secondary Logo Design category. This is an Enterprise Project run by Strathclyde University.

Catrina Salvini, Bronwyn Dickson, Matthew Devlin and Sarah Devlin, pupils from the Stem Club won 1st prize in a recent national competition. They attended the finals in Birmingham with eight other teams. After a successful presentation they were judged to have the most innovative project in successfully creating a spark to light a flame through the energy of human endeavour. The Stem Club is an after schools club where pupils use the skills from Science, Technology, Engineering and Maths lessons to prepare for the London 2012 Olympic Games

## *Fund Raising*

S1 and S2 pupils were involved in a sponsored spell for Cancer Research and MS Society. They managed to raise. £600 for these charities.

## *Musical Talent*

Tom Parham was the entertainer at the Parkinson Society Christmas Lunch. Tom played a selection of Christmas, Ceilidh and sing along music on his accordion.

The Community Council is proud to acknowledge these achievements.

## *End of term Musical*

This year's show is "Carousel" and there will be three performances - Tuesday 19th, Wednesday 20th and Thursday 21st of June starting at 7 p.m. Tickets will go on sale at the beginning of June.

## *The Olympic Torch*

Although the Olympic Torch will not pass through Uphall you will be able to see it on June 13th when it comes down Greendykes Road, Broxburn and travels along the Main Street on it's way to Edinburgh. A range of activities have been arranged for the day so look out for further advertising.

## *Uphall Children's Gala Day*

The Gala Day will be Saturday 9th June. This year's Queen is Emma Forrest. Her Ladies in Waiting are Billie- Ann Bain and Sarah Fleming. The Fairy Queen is Grace Ritchie. Since this is an Olympic year we thought about choosing this as a theme.

We are operating with a very small committee so any help either in the run up to the Gala Day or on the day itself would be greatly appreciated. If you would be willing to help please contact Carol Waugh on 01506 856632.

## *Saltire Awards*

The Community Council contacted every organisation which dealt with youth activities in the Uphall / Broxburn area to an information evening on The Saltire Awards. This is a way of rewarding youths who volunteer for various activities. Unfortunately the response from organisations was poor. However the Community Council, Uphall Community Centre, Uphall Gala and the Busy Project are all willing to participate in this programme so that we can reward these young volunteers.

We can make a start by putting forward the Army cadets who helped distribute this Newsletter for Saltire Awards.

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*& Delicatessen*

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## Useful Telephone Numbers

### Police

Police HQ (Livingston) 01506 431200  
Broxburn Police Station 01506 852121

### Hospitals

St John's Hospital, Livingston 01506 523000  
Edinburgh Royal Infirmary 0131 536 1000  
Western General, Edinburgh 0131 537 1000  
NHS 24 08454 24 24 24

### Health Centre (Strathbrock Partnership Centre)

Dr Gunn and Partners 01506 771771  
Ferguson Medical Practice 01506 771700  
The Wood Medical Practice 01506 771800

### West Lothian Council

All Enquiries 01506 775000  
Uphall Community Centre 01506 854451

### Schools

Uphall Primary School 01506 852516  
St Nicholas Primary School 01506 853509  
Broxburn Academy 01506 282300  
St Margaret's Academy 01506 497104

### Local Councillors

Tony Boyle (Scottish Labour Party)  
Diane Calder (Scottish National Party)  
Janet Campbell (Scottish National Party)  
Alex Davidson (Scottish Labour Party)

All Councillors can be contacted through at the West Lothian Civic Centre on 01506 775000.

### Churches

Strathbrock Parish Church 01506 856433  
Uphall South Parish Church 01506 852788  
Broxburn Baptist Church 01506 857092  
St John Cantius and Nicholas 01506 852040  
New Life Christian Fellowship 07564054377

### Local Web Links

Uphall Community Council - [www.ucc.org.uk](http://www.ucc.org.uk)  
Uphall On The Web - [www.uphall.org](http://www.uphall.org)  
Uphall Fairtrade - [www.uphallfairtrade.com](http://www.uphallfairtrade.com)  
Uphall Primary - [blogs.wled.org.uk/uphallps](http://blogs.wled.org.uk/uphallps)  
Broxburn Academy - [www.broxburnacademy.net](http://www.broxburnacademy.net)  
Uphall South Church [www.uphallsouthchurch.org.uk](http://www.uphallsouthchurch.org.uk)  
New Life Christian Fellowship -  
[www.newlifecf.org.uk](http://www.newlifecf.org.uk)  
Strathbrock Parish - [www.strathbrockparish.net](http://www.strathbrockparish.net)  
The BUSY Project - [www.thebusyproject.org.uk](http://www.thebusyproject.org.uk)  
Broxburn and Uphall traders - [www.buta.org.uk](http://www.buta.org.uk)

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